

## EMPLOYEE UPDATES:

**MONDAY**

**MAY 8**

2:30 - 3:00pm  
3:30 - 4:00pm

**TUESDAY**

**MAY 9**

6:15 - 6:45am  
7:00 - 7:30am  
8:00 - 8:30am  
9:00 - 9:30am  
12:30 - 1:00pm  
6:15 - 6:45pm

**WEDNESDAY**

**MAY 10**

8:00 - 8:30am  
10:30 - 11:00am

**Bring Your Phone** – We will be collecting feedback via Mentimeter.

**Have a question?**  
Ask before updates.

### Join Updates Virtually via Teams

*(Link will take you directly to update session - no need to register).*

AFTER you have streamed a session you will need to visit [www.mgmc.org/attendance](http://www.mgmc.org/attendance) to fill out an attendance sheet. This will allow for easier tracking regarding the number of employees that attend updates.

## Gram Goes Live Next Week

**This will be the last PDF edition of The Gram.** Starting next week Gram content will be available on SharePoint. Be sure to check it regularly for updates!

Have questions about Gram Live? Join us for open office hours:

**May 9 (Tues.)**  
7:00–7:30PM, Bessie Myers

**Visit The Gram Live**

# Happy National

## HOSPITAL WEEK & NURSES WEEK

WE'RE CELEBRATING **You!**

**SAT**  
MAY 6

**Root Beer Floats -**  
(7:30 pm) Traveling to  
Nursing Floors

**SUN**  
MAY 7

**Donut Drop**  
(7 - 10 am) Cafeteria

**MON**  
MAY 8

**Reiki -**  
(7 - 10:30 am &  
11 am - 2 pm) Accounting  
Conference Room

**Kona Ice Truck -**  
Hosted by Purdue Global  
University | (12 - 1 pm)  
West Parking Lot

**TUE**  
MAY 9

**T-shirt Tuesday -**  
Wear your Hospital Week  
or Nurse's Week t-shirts

**Ice Cream Treats -**  
(1:30 - 2 am & 5:30 - 7pm)  
Cafeteria

**ISU Creamery Ice  
Cream -** Hosted by Iowa  
State Nursing Program  
(11:30 am - 1:30 pm &  
3 - 4 pm) Outside Cafeteria

**Wellness Walk Bingo -**  
(2:45 - 3:15 pm) Meet @  
West Staff Entrance

**WED**  
MAY 10

**Food Trucks -**  
(11am - 2 pm & 4 - 7 pm)  
West Parking Lot |  
Carlos Quesadillas,  
Macubana (Lunch only),  
Sweet Treats, Big Als BBQ,  
Ally's Sandwiches & Wraps  
(Lunch only)

**Parking Lot Paw-ty -**  
(11am - 2 pm) West Parking  
Lot | Therapy dogs

**Chair Yoga -**  
(11:30 am - 12 pm) North AB

**Yoga -** mat optional  
(3:30 - 4 pm) North AB

### BLESSING OF THE HANDS

<p><b>Friday, May 5</b> 8:00 am - First Friday (in-person or via Teams)</p> <p><b>Sunday, May 7</b> 12:00 pm - Inpatient Units &amp; ED</p> <p><b>Monday, May 8</b> 7:30 am - ACS 8:00 am - GI Services 10:30 am - ACS</p> <p><b>Tuesday, May 9</b> 7:15 - ED 8:00 am - Cardiology Clinic 11:00 am - Nursing Orientation (Skills Lab) 11:05 am - Inpatient Units &amp; ED 11:30 pm - Inpatient Units &amp; ED</p>	<p><b>Wednesday, May 10</b> 7:30 am - Hospice House 3:30 pm - Hospice House</p> <p><b>Thursday, May 11</b> 6:35 am - OR 7:45 am - Wound Clinic 8:00 am - Pain Clinic 8:30 am - Home Health 9:15 am - Quality/Case Mgmt. 11:30 am - Radiology/Rad Onc 1:30 pm - HR 2:00 pm - PACU</p> <p><b>Friday, May 12</b> 11:00 am - Diabetes Ed &amp; Cardiac Rehab 11:30 am - Cath Lab</p>
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**THU**  
MAY 11

**Coffee Bar -**  
(6:30 - 10 am) Cafeteria

**Yoga -** mat optional  
(7:30 - 8 am) North AB

**Chair Yoga -**  
(12:30 - 1 pm) North AB

**Wellness Walk Bingo -**  
(12 - 12:30 pm) Meet @  
West Staff Entrance

**Root Beer Floats -**  
(11:30 am) Traveling to  
Nursing Floors

**FRI**  
MAY 12

**All Employee Breakfast**  
(6:15 - 9:30 am) Cafeteria

**Wellness Walk Bingo -**  
(6:45 - 7:15 am) Meet @  
West Staff Entrance

**Florence Nightingale's  
Birthday Celebration |  
Join us for Cake!**  
(11:30 am - 1:30 pm)  
Cafeteria

Check Gram LIVE for all the most up-to-date details!

thankyou

These events are supported in part by the Mary Greeley Foundation.



### ALL WEEK

**10% OFF @ THE GIFT SHOP**  
Must show your Employee Badge

COLLABORATIVE **ART** PROJECT

**DAISY** AWARD PRESENTATIONS

By learning the F.A.S.T. warning signs, you just might save a life from stroke.

# F.A.S.T.

Face Drooping	Arm Weakness	Speech Difficulty	Time to Call 911
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**Every 40 seconds, someone in the U.S. has a stroke.**

It could happen on your street, in your workplace, at a store where you shop — anywhere. Your readiness to spot a stroke and call 911 as soon as possible can mean the difference between life and death and recovery or disability. That's why it's so important to learn stroke warning signs and urge everyone you know to do the same.



[stroke.org/warningsigns](http://stroke.org/warningsigns)

## May is AMERICAN STROKE MONTH

We're proud to follow the American Heart Association® and American Stroke Association® guidelines for stroke care.

Take a moment to review this information. Share with your friends and family to better respond to and prevent strokes.



## 8 key measures for improving and maintaining cardiovascular health

Better cardiovascular health helps lower the risk of stroke and other major health problems.



- Eat Better**
- Be More Active**
- Quit Tobacco**
- Get Healthy Sleep**
- Manage Weight**
- Control Cholesterol**
- Manage Blood Sugar**
- Manage Blood Pressure**

[heart.org/lifes8](http://heart.org/lifes8)



## May is Better Speech & Hearing Month!

Throughout May, we recognize and celebrate all the speech-language pathologists (SLP) who are changing the lives of the patients at Mary Greeley. SLP work with individuals with a variety of diagnoses, including brain injury, stroke, Parkinson's disease, and cancers of the head and neck, to name a few and throughout all stages of life, from infant to elderly. SLP are crucial in the treatment of communication deficits, cognitive impairments, and difficulties with swallowing. Thank you to all our SLP at Mary Greeley!

# NOW AVAILABLE on Shared Devices!

SHAREPOINT | YAMMER/VIVA ENGAGE



SHAREPOINT |

Gram Live is  
available here!



## MARY GREELEY MICS 50<sup>TH</sup> ANNIVERSARY

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## GOLF TOURNAMENT

--18 HOLE 4 PERSON BEST SHOT--

SATURDAY JUNE 10<sup>TH</sup>, 2023

0800 REGISTRATION, DRIVING  
RANGE

0900 TEE OFF

## VEENKER MEMORIAL GOLF COURSE

2916 Veenker Dr, Ames, IA

Cost Per Person:

\$60.00 Cash

or Venmo (on site)

Lunch provided

Please register individually

or as a team at

[dunlap@mgmc.com](mailto:dunlap@mgmc.com)

515-231-5080 for questions

# INTERN Spotlight

**Chloe Jaeger**



Our team has enjoyed having Chloe this past semester as our Public Health intern. She brings **new ideas** to our department and keeps us **thinking outside the box**. Chloe has been able to complete a much-needed inventory project for us, as well as help implement a new Face Book Page for Public Health. Her **dedication** during this time was greatly appreciated. Thank you, Chloe!!



**Chloe Jaeger**  
Public Health

**-Les White**



This program is supported by the Mary Greeley Foundation.



### How has this experience impacted or shaped your career goals?

This experience has made me learn more about healthcare overall which was one of my ultimate goals. It has also shown me how to use problem solving skills and how to work with a variety of different individuals.



### Why did you choose MGMC?

MGMC is a hospital that puts a lot emphasis on caring for others. They don't just care about the patients needs, they also care a lot about their staff which is really important. You can tell that every person in MGMC wants to do better for the community, which has made me feel very blessed.



### How have you expanded your professional network for future career opportunities?

I have expanded by going into another department within MGMC as an intern this summer within the quality management department. I also feel overall I have met a lot of individuals at MGMC that have expanded my professional networking skills. It also makes me more confident about my future with career opportunities, whether that be at MGMC, surrounding areas, or even in a different state.



**Considering hosting an intern?  
Have a project?**

Contact Emma Schuler to get started or with questions.

# Upcoming Events

Visit the Calendar of Events

## HURST On-Site NCLEX-RN Review

May 15– 17, 2023  
8 AM – 4:30 PM

Contact Thyra Cox  
at [cox@mgmc.com](mailto:cox@mgmc.com)  
for further details.

## MARY GREELEY MEDICAL CENTER BLOOD DRIVE

North B Conference Rooms  
**Tuesday, May 16th**  
11:30am - 3:00pm

To schedule your donation scan  
the QR code or contact  
Courtney Mitra at 515-239-6919



## MENTAL HEALTH FIRST AID CERTIFICATION TRAINING

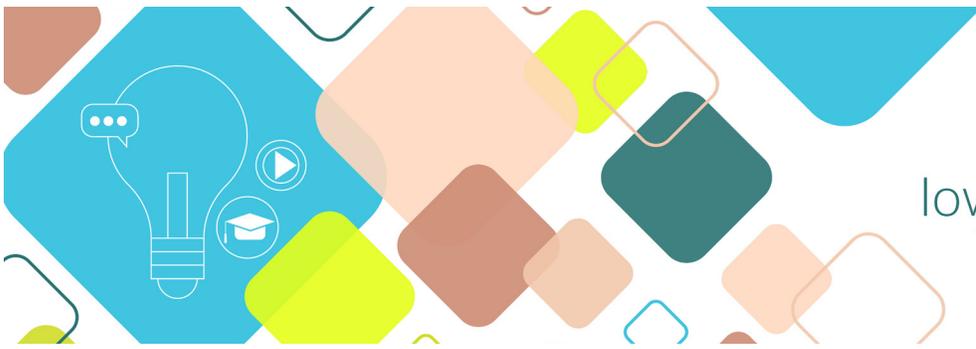
**Diabetes Ed Rm 1**  
**Thurs., May 11 & Fri., May 12**  
**from 8:00am - 12:00pm**

*Supported by gifts to the Mary Greeley Foundation.*

Register for this training in Symplr (NetLearning)

*You must attend the entire session to become certified and awarded nursing contact hours.*

Questions? Contact Jacque Hollingshead at ext. 5090 or via email at [hollingsheadja@mgmc.com](mailto:hollingsheadja@mgmc.com).



# 2023

Iowa Hospital Association

# WEBINAR

## Hospital Regulatory Webinar Series

**10 am - Noon**

(learners must attend in-person - no registration required)

### Thursday, May 11 (North AB): **Common Hospital Deficiencies**

Hospitals and critical access hospitals face common challenges, including compliance with federal regulations and accreditations standards. This session will focus on the most problematic deficiencies and the expectations of compliance standards.

### Wednesday, May 31 (Atrium A), June 7 (Diabetes Ed Rm 1) & June 14 (Atrium A): **Emergency Medical Treatment & Labor Act (EMTALA)**

Hospitals and critical access hospitals face common challenges, including compliance with federal regulations and accreditations standards. This session will focus on the most problematic deficiencies and the expectations of compliance standards.

#### **Questions?**

Contact Lori Baker at ext 6863.

**CEs available.**

*This program is supported by gifts to the Mary Greeley Foundation.*



# Happy Anniversary!

Anniversaries have now moved to [Gram LIVE!](#)



## VOLUNTEERS WANTED

Looking for volunteers with a medical background (Nurses, Nursing Students, PCTs, Paramedics or EMTs) due to the various medical conditions of these special athletes..

[Volunteer for Special Olympics](#)

**Questions?** Contact Connie Peters @ [petersc@mgmc.com](mailto:petersc@mgmc.com)

## What's for Lunch?

The weekly menu is available at [www.mgmc.org/menu](http://www.mgmc.org/menu)



## SAFETY FIRST

Stay up-to-date with safety at Mary Greeley by reviewing the Weekly Safety Bulletin highlighting recent A3 findings.

[WEEKLY SAFETY BULLETIN](#)

To submit a story idea or thank you, or to provide feedback, please email [mgmcgram@mgmc.com](mailto:mgmcgram@mgmc.com).